

	<b>Pimpri Chinchwad Education Trust's Pimpri Chinchwad College of Engineering and Research</b>	
Academic Year :2024 - 25	Department of BBA & BCA	05/04/2025

**Date:** Saturday, [05/04/25]

**Time:** 6:00AM to 10:00AM

**Organized by:** Department of BBA

**Subject:** Physical Education

**Venue:** Durga Tekdi, Nigdi

The Department of BBA conducted an outdoor **Physical Education Activity** as part of the academic curriculum. The aim was to promote awareness about the role of **physical activity in maintaining both physical and mental well-being**, and how it contributes to better academic performance.

Students participated in **yoga, meditation, team sports, and group activities**, encouraging relaxation, focus, and teamwork. The event helped students understand the value of fitness in daily life while also creating **positive memories and stronger bonds** with students and faculty.

A special appreciation goes to the **dedicated BBA faculty members Asst. Prof. Dr. Rashmi Mishra & Asst. Prof. Lakshay Goyal** who enthusiastically participated and guided the students, **willingly giving up their weekend** to support the growth and well-being of the learners.

The activity was a great success and highlighted the importance of holistic education through physical and emotional development.





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